Physician profile and clinic guide

Dr. Vishal Gupta



General and Family Physician, Diabetologist

Incharge, Preventive Health Check-up
Fortis Hospital, Noida

20+ years in practice | Four consulting locations | Monday to Saturday

Professional roles and experience

Dr. Vishal Gupta is a well-established General and Family Physician and Diabetologist with more than 20 years of clinical experience. He diagnoses and treats a wide range of common health conditions, including viral fevers, diabetes, hypertension, respiratory issues, allergies, gastrointestinal complaints and general health problems.

He holds an MBBS and a Postgraduate Diploma in Family Medicine, with further certifications in diabetes and thyroid disorders from Indian, European and American bodies, listed below. He has practised medicine in the Noida and Greater Noida West region for many years.

His approach centres on personalised patient care: listening carefully to each patient's concerns and offering evidence-based treatment plans that address both acute and chronic health issues. Patients appreciate his thorough consultations and practical health advice.

Alongside his hospital role, he consults in the evenings at his private clinics in Greater Noida West, and runs diabetes reversal and weight-loss programmes at Diabetica Care.

Specialities and services

- General medicine and preventive health
- Family practice and routine care
- Diabetes and metabolic condition management
- Fever, cough and cold, respiratory illnesses
- Hypertension, thyroid and chronic disease follow-up
- Allergy and immune-related conditions
- Men's health (at select clinics)

Qualifications

- MBBS
- PGD (Family Medicine)
- PGCDM (Diabetes)
- CCACC (Diabetes)
- PGCAT (Thyroid Disorders)
- Fellowship in Diabetes, World Congress of Diabetes India
- Certificate in Diabetes (ACCD), EASD, Europe
- Certificate in Diabetes, American Diabetes Association, USA

His hospital role

Dr. Gupta is Incharge of the Preventive Health Check-up at Fortis Hospital, Noida, a major multi-specialty tertiary care hospital known for advanced clinical services in cardiology, neurology, oncology, orthopaedics, NICU/PICU and more. As part of the Fortis medical team, he contributes to broader patient care within the hospital.

+91 98913 59053

All consulting locations

One hospital and three evening clinics, Monday to Saturday. Tap an address, the coordinates or the map button to open the location. Reading this in print? Scan the code beside each clinic.

10 am — 10 pm

10:00 to 4:30	5 to 7	7 to 8	8 to 10
Fortis Hospital, Noida	Diabetica Care	Nirala Aspire	Gaur City

Fortis Hospital, Noida

Incharge, Preventive Health Check-up

Mon to Sat, 10:00 am to 4:30 pm

B-22, Sector 62, Noida, Uttar Pradesh 201301

28.61844° N, 77.37306° E

Open in Google Maps

Scan for directions

Diabetica Care, Artha Mart

Diabetes reversal and weight-loss programmes

Mon to Sat, 5:00 pm to 7:00 pm

LG 245, Artha Mart, below Reliance Digital, Tech Zone IV, Greater Noida West, UP 201318

28.59201° N, 77.43692° E

Open in Google Maps

Scan for directions

Blessings Polyclinic, Nirala Aspire

General physician and diabetes consultations

Mon to Sat, 7:00 pm to 8:00 pm

Shop 22, Plaza Market, Nirala Aspire, near Ek Murti Chowk, Greater Noida West, UP 201309

28.61052° N, 77.45373° E

Open in Google Maps

Scan for directions

Blessings Polyclinic, Gaur City

General health, chronic disease care, check-ups

Mon to Sat, 8:00 pm to 10:00 pm

208, 2nd Floor, City Plaza Extension, Gaur City 1
149, 1st Floor, Mahagun Mart, Gaur City 2

28.61483° N, 77.42785° E

Open in Google Maps

Scan for directions

Appointments and enquiries

+91 98913 59053

Message Dr. Gupta on WhatsApp, or scan the first code. The second code opens this catalogue online so you can save it or pass it on.

WhatsApp Dr. Vishal Gupta

View and share this catalogue

Clinic timings are Monday to Saturday and may change on public holidays. Please call ahead to confirm.